



Webinar Series Registration Form

Mental Health: 3-Part Webinar Series

Once the live date has passed, these webinars will be available on demand.

Webinar 1: Psychiatric Hospitalization: How To Support Students Before, During & After (Two Case Studies) **Thursday, November 8 ~ 1:00-2:00pm (Eastern)**

The prevalence and acuity of mental health issues on college campuses are on the rise. Most alarmingly, research indicates that one in 12 students experience suicidal ideation during throughout their college experience. With this reality, it is essential for university faculty/staff to have a comprehensive understanding of the continuum of psychiatric care. In this webinar, presenters will provide information to increase faculty/staff understanding of the hospitalization process from supporting the decision to seek inpatient care, through hospitalization, and discharge/return to campus. Presenters will share two case studies that exemplify the process from the student perspective and how administrative staff can support students in each step of the process. Hospitalization can seem like an intimidating and confusing process; this webinar will give you a better understanding of the student experience increasing administrator knowledge and comfort in guiding students through this process.

Webinar 2: Mental Health & Resiliency: Fostering Coping & Problem-Solving Skills For Increased Persistence **Tuesday, November 13 ~ 3:00-4:30pm (Eastern)**

Student affairs professionals and college mental health providers continue to face the reality that the cohort of students entering our institutions today come to campus with apparently fewer coping skills and less resilience to navigate the demands of an academic environment. In this webinar, participants will have the opportunity to explore how this issue has affected college and university campuses, discuss the mental health issues around building resilience and possible strategies that can be employed on different types of campuses.

Webinar 3: Loneliness & Mental Health: Actionable Interventions To Improve Emotional Health & Well-Being **Wednesday, November 14 ~ 1:00-2:00pm (Eastern)**

This webinar will overview national trends regarding loneliness on college campuses including correlates of mental/physical health and student success. Through a unique partnership experts from Hopelab, a nonprofit social innovation lab working to improve emotional well-being of teens and young adults, and Grit Digital Health, the team of behavioral health, technology, and marketing communications specialists behind the upstream digital wellness tools YOU at College and ManTherapy.org, undertook a year-long research effort to gain the best understanding of the experience of loneliness on today's campuses and design actionable interventions reduce it. The webinar will overview these findings from the joint research effort researching, exploring, and prototyping ways to help college students form supportive friendships and overcome loneliness, improving emotional health and well-being.



Speaker(s)



Webinar 1 & 3 will be presented by:

Dr. Nathaan Demers, Psy.D. is a clinical psychologist with experience in a variety of settings of the field including integrated care, community behavioral health, and college counseling. He completed a post-doctoral fellowship with the Western Interstate Commission for Higher Education - Mental Health Program, a nonprofit working to bring quality mental health and prevention services to rural and underserved areas in the U.S. He is a board member for the Colorado Psychological Association and completed his dissertation research on the topic of maturity in adolescent and young adult populations. With his passion for the topic and his professional experiences, he has unique expertise in the realms of health promotion and student

success on college campuses.

When not in the office, Nathaan can be found on the soccer field or adventuring in the mountains of Colorado with his wife, family, and friends.



Webinar 1 presenter

Dorothy Muirhead Demers, LPC, NCC has been a therapist at two university college counseling centers over the last four years. During this time she gained specialization in behavioral health, and drug and alcohol interventions, as well as worked with students with high acuity during their return to campus post-hospitalization. She also has experience working at two inpatient psychiatric hospitals on acute, mood disorder, medical detox, and geriatric units as a mental health counselor. The perspective from these work experiences has made her passionate about promoting the best practices throughout the hospitalization and post-hospitalization experience possible for students.

Newsletter



Webinar 2 will be presented by:



On June 1, **Dr. Mary-Jeanne (MJ) Raleigh** started work at High Point University as the Executive Director of Counseling Services

Dr. Raleigh brings 30 years of experience in college mental health and several other areas of student affairs. Twenty three of those years have been spent at four institutions of higher education as either a director of counseling services, director of health services or a director of a wellness center.

Dr. Raleigh, who earned a Ph.D. in environmental studies at Antioch University New England, has considerable experience in counseling and leadership in higher education.

"I've worked at universities large and small, urban and rural, public and private," she said. "I've worked in student housing, health, wellness education and judicial services." Dr. Raleigh has very diverse interests in the field of human-environment interactions, college mental health and higher education leadership.

A graduate of Castleton University in Vermont, Dr. Raleigh earned a master's degree in counseling from the University of Colorado, Colorado Springs and another master's degree from SUNY Stony Brook in 20th century Irish poetry. Her research spans several areas, including the relationship between children's exposure to nature and the development of coping skills for anxiety during college.

"My doctoral program was completed jointly in counseling and environmental studies," she said. "My research focuses on childhood exposure to nature and its connection to the development of active coping strategies in adulthood."

Dr. Raleigh's other research and publications concern mental health ethics in higher education, threat assessment, and human development. She also has taught at Johns Hopkins and Antioch universities and at New England College, where she instructed graduate and undergraduate students.

Dr. Raleigh is active in professional organizations. A past president and national board member of the American College Counseling Association (ACCA), is presently the ACCA on the Governing Council of the American Counseling Association, she is also on the national board of Council for the Advancement of Standards in Higher Education. She is a nationally certified counselor with licenses in clinical professional and mental health counseling. Dr. Raleigh received a Presidential Honor in 2010 from the ACCA and an Outstanding Professional Leadership Award from the ACCA.



Webinar 3 will be presented by:

Caroline Fitzgerald is a project lead for Hopelab, a social innovation lab focused on building science-based technologies to improve the health and well-being of teens and young adults. She leads an interdisciplinary team of researchers, designers, and strategists weaving together tools from systems thinking, human-centered design, and research to take the understanding of health and behavioral problems and solutions to new places. Before Hopelab, FitzGerald worked for nine years as an Occupational Therapist for people with serious mental illness in the U.S., U.K., and New Zealand.



Registration Information

Print Name		Job Title	
Institution/Organization			
Address			
City	State/Province	Zip/Postal Code	Country
Telephone	Fax	Email	
Innovative Educators Password (Choose a password for our records and future registrations)		Assistant's email (For registration confirmations & pre-conference communication)	
How did you hear about this event? (email, listserv, colleague, conference, other) _____			

Payment Method *Registration Fee: \$900.00*

You can call us at 303.955.0415 or fax the completed form to 1.866.508.0860. If you would like to mail in the registration form and/or check, please send it to: Innovative Educators, 3277 Carbon Place, Boulder, CO 80301.

Paying by: (select one) Credit Card Check Purchase Order (if applicable) P.O.#: _____
 (If you select PO as your payment method, a PO number is required.)

Credit Card



Name on card		Account Number	
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Exp. Date	Security Code (last 3 digits on the back of Visa and MC)		



Login Directions

The login directions provide the following information:

- A link and a password for the event.
- A link to test webinar access. Please test your computer prior to the event.
- The date and time of the webinar. Please be sure to reference the time zone converter on the login directions to confirm your event time.
- Audio instructions: You can stream the audio over your computer speakers, but you may want to have a phone available for backup purposes.

You will receive the login directions twice via email. The process is as follows:

- 1 week prior to the live event: You will receive login instructions.
- 1-2 days prior to the event: You will receive a link to the presentation and any additional handouts. Copies can be made for attendees if desired.
- The day of the event: Participants can login to the IE Webinar 30 minutes prior to the start time. Once logged in, participants can see the PowerPoint slides, ask questions, and make comments via the chat feature.
- Participants are encouraged to save and print the login directions to refer to on the day of the webinar.

Site Connections

The basic registration fee allows you to access the webinar from one computer only. If you need multiple site connections, please register for the unlimited site connection price.

Recording Information

The Monday following the live event you will receive a link to the recording, it can be forwarded to all faculty and staff for viewing anytime, anywhere.

Recording Benefits:

- Share the presentation with other staff members
- Pause presentation for convenient viewing
- Review the presentation after the live event
- Train new hires throughout the year
- Show during an in-service training

Technical Details

Innovative Educators uses WebEx as its web conferencing provider. If you have not previously attended a WebEx event, please click here to make sure your computer is compatible with WebEx. Be sure to complete this test prior to the live conference. See system requirements for more information.

What equipment is required?

An Internet connection, computer speakers, and LCD projector are required if a large group is viewing the presentation. Participants can call in via phone if they are having trouble retrieving the audio over the computer. Please be sure to reserve a meeting room prior to the live event that can accommodate these requirements as well as your attendees. You should reserve the room 30 minutes prior to the webinar start time and allow at least 15-30 minutes after the webinar for discussion.

Cancellation Policy

- 30 days prior: Full refund
- 14 days prior: \$100 processing fee
- Less than 14 days: Credit towards another IE event

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